

diVa™ Vaginal Laser Therapy

I, _____, authorize Dr. William Lovett & his designated staff (NP, PA) to perform a diVa laser vaginal therapy treatment.

Review of facts about laser therapy

- Light from a laser can be harmful to eyes and wearing special safety eyewear is necessary at all times during the procedure.
- A topical anesthetic may be used to lessen the sensation of the laser as it interacts with the mucosa. The sensation, while being treated, may feel like pin pricks, or bursts of heat or similar to a sunburn. The type of topical is at the discretion of the practitioner. There are known severe allergic reactions to ingredients in topical anesthetics. Patient's with known allergies to anesthetics please list them here: _____

Reason for seeking diVa treatment: _____

DATE OF LAST PELVIC EXAM: _____ Results were: Normal Abnormal

DATE OF LAST PAP SMEAR: _____ Results were: Normal Abnormal

Explain any abnormal results: _____

Past Ob/GYN surgeries or procedures

Date	Procedure
1. ____/____/____	_____
2. ____/____/____	_____
3. ____/____/____	_____
4. ____/____/____	_____

Menstrual history

1. Age of first period: _____ years

If post-meopausal (absence of period for 12 consecutive months) please skip remaining Menstrual history.

2. Does bleeding or spotting occur after intercourse? Yes No

3. First day of last menstrual period ____/____/____

Pregnancy history

Are you pregnant or trying to become pregnant? Yes No

Are you breastfeeding? Yes No

Number of vaginal delivers: _____ Number of C-sections _____

Contraceptive history

What birth control method(s) do you currently use? _____

Sexual history

1. Do you have a sexual partner? Yes No male female

2. Are there concerns about your sexual activity which you may want to discuss with your doctor? Yes No

Please check if you have any of these symptoms

- hot flashes
- vaginal dryness
- urine leakage
- when coughing?
- when laughing?
- when lifting or other activity?
- night sweats
- spotting after intercourse
- pain with intercourse
- other _____

Please check if you have any of the following today: Active urinary infection

Active fungal, bacterial, viral, vulvar, or vaginal infection

Absolute Contraindications

- Pregnant or lactating women
- Active vaginal infection (including all STDs)
- Use of long-standing systemic steroids (Prednisone, Dexamethasone, etc.)
- Keloid formation
- Infectious or connective tissue disease
- Collagen disorder, vascular disease, scleroderma, immunosuppression, diabetes
- Impaired wound healing
- Accutane (or Sotret, Claravis, Amnesteem) within one year
- History of bleeding disorders

- Previous pelvic floor reconstructive surgery
- If you previously suffered from Herpes simplex sores or human papillomavirus (HPV) warts, there is a risk that this treatment could contribute to a recurrence.

Relative Contraindications (speak with your physician first)

- Severe vaginal atrophy
- Moderate to severe pelvic organ prolapse
- Urinary Tract Infections
- Undiagnosed pelvic pain or pain experience during intercourse
- Recent vaginal surgery
- History of rectovaginal or vesicovaginal fistula.

Treatment considerations

- The diVa laser with single-use dilator will be inserted in the vaginal canal.
- The diVa laser vaginal therapy may produce pinpoint bleeding. It can persist up to 24 hours.
- Discharge and cramping may be associated with this procedure and may last for 3-4 days.
- The diVa laser vaginal therapy treatment necessitates a post therapy care regime that must be followed. You will be able to return to your daily routine; however, you need to refrain from sexual intercourse, douching, and inserting tampons for 48 hours.
- Bio-Identical estrogen therapy programs may be used before and after laser treatments in order to enhance the results.

Common side effects and risks

- Edema (swelling) of the vaginal mucosa may occur.
- Urticaria (itching) often times occurs as the old tissue is shed and the new tissue is being formed.
- If any of the above symptoms intensify, your clinician should be notified. A cool compress placed on the area provides comfort. The treated area should be cared for delicately.
- No hot tub, swimming, or douching for 1 week.
- Discomfort, especially a sunburn feeling, may persist for a few days.
- Herpes simplex virus infections around the mouth can occur following treatments. This applies to both individuals with a past history of the virus or individuals with no known history. Other signs of an infection can be a fever, purulent (pus) material, severe redness, swelling in the area, and skin that is hot to touch. Should these symptoms occur, the clinician must be notified to prescribe appropriate medical care.
- Allergic reaction is uncommon. Some persons have localized reactions to topical preparations. Systemic reactions are rare.
- The potential complications of diVa are:
 - Scarring- hypertrophic and non-hypertrophic
 - Burns- from superficial to full thickness
 - Extensive tissue destruction
 - Ulceration
 - Induced bruising or petechiae formation
 - Severe edema

Other complications and risks can occur but are even more uncommon. Should complications occur, procedures, surgery or other therapy may be necessary. The practice of medicine and surgery is not an exact science. Although good results are expected, there is no guarantee or warranty expressed or implied on the results that may be obtained. I am aware I am fully responsible to pay for the entire amount charged. I understand no refunds for any treatment may be rendered, regardless of the results. Additional costs may occur should complications develop from the therapy. The potential risks and benefits have been explained of the diVa hybrid fractional vaginal laser therapy along with alternative methods. I choose to have diVa hybrid fractional vaginal laser therapy. I understand that compliance with pre and post care instructions is crucial for success of diVa hybrid fractional vaginal laser therapy and to prevent unnecessary side effects or complications. I understand that there are many variable conditions which influence the long-term result of diVa hybrid fractional vaginal laser therapy. The practice of medicine and surgery and the subsequent use of laser is not an exact science. Although good results are expected, there is no guarantee, expressed or implied, on the results that may be obtained. I understand it is my responsibility to inform the office staff of any changes to my medical history, including any new contraindications to the treatment.

Patient's Name (Printed): _____

Signature: _____ Date: _____